

SACRED TRAVELER

ORACLE CARDS

Guidebook

"The *Sacred Traveler Oracle Cards* will assist you in comprehending the events, signs, and coincidences occurring in your life, as well as help you recognize the meaning of your dreams. These cards also activate your intuition, to realize your purpose and potential. Use these cards on a regular basis, and your ability to step beyond the mystic veil into sacred dimensions will increase. You'll begin, even more, to align your inner spiritual existence with your outer life."

From my heart to yours,
Denise



Denise Linn, the best-selling author of 18 books (translated into 29 languages), has researched healing traditions from cultures around the world. She regularly gives seminars around the planet and appears extensively on international television and radio shows. Website: www.DeniseLinn.com



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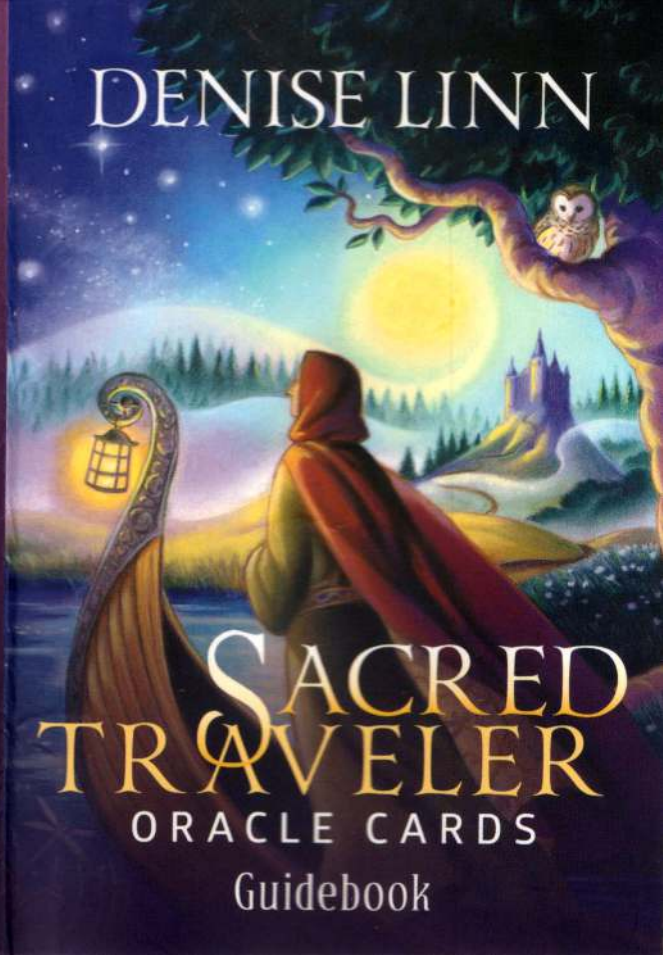
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CONTENTS

<i>Introduction</i>1
The Sacred Traveler2
How to Use the <i>Sacred Traveler Oracle Cards</i> [™]5
Preparation6
Choosing the Cards8
Interpreting the Cards10
Storing the Cards.11
Methods of Card Reading12
Daily Spiritual Insight12
Monthly Spiritual Insight13
One-Card Reading13
Three-Card Reading14
Five-Card Spread16
The Medicine Wheel One-Year Spread18
Discovering the Hidden Meaning of Your Dreams19
Reading Signs and Coincidences in Your Life.22

SACRED TRAVELER ORACLE CARDS:

Answering the Call	25
Ascending the Mountain	27
Begin Now	29
Breaking Trail	31
Choosing Your Path	33
Cleansing Waters	35
Crossing Bridges	37
Desert Passage	39
Discovering Truth	41
Distant Thunder	43
Embracing Enthusiasm	45
Faraway Places	47
Fellow Travelers	49
Finding Sanctuary	51
First Light	53
Fogged In	55
Gates of Triumph	57
Grace and Gratitude	59
Great Adventure	61
Grounding	63
Impasse	65
Infinite Abundance	67
In the Flow	69
Journey by Moonlight	71
Joy and Delight	73
Miracles	75

Mystic Healer.	77
Narrow Pathway	79
Navigating by the Stars	81
Overcoming Obstacles	83
Passion and Pleasure	85
Protected by Angels	87
Rainbow Blessings	89
Reaching Your Destination	91
Rejuvenating Rain	93
Solitude.	95
Staying Focused	97
Stepping into Power	99
Surrendering to the Journey	101
Taking Shelter	103
Transformation.	105
Traveling Lightly	107
Uncovering Treasure	109
Unknown Territory	111
Valiant Courage	113
Vast Vistas	115
View from Above.	117
Voyage of the Heart	119
Wandering Path	121
Watching Clouds.	123
Wise Leader	125
Wondrous Universe	127
<i>About the Author</i>	129

SACRED TRAVELER

Oracle Cards:
A 52-Card Deck

INTRODUCTION

In the deepest sense, our journey on the planet is a kind of pilgrimage—and we are all fellow soul travelers. The voyage beckons us to learn and grow, as we traverse ancient passageways in search of what is real and authentic. My prayer is that these cards give you clarity on your trek through life and help you discover what destiny has in store for you. Additionally, may these cards help give accurate, heartfelt readings for others. I'm delighted to share this sojourn of the heart with you.

Creating these cards was a mystical experience. As I focused on each card, it seemed like my life was choreographed to exactly match the energy of the card.

I felt angels and spirit guides present. For example, there was something in my life that I needed to release, and *coincidentally* the next card on my list to work on was the *Surrendering to the Journey* card. Then, when I came to an impasse in my life, *coincidentally* the next card on the list was the *Impasse* card. In every juncture, I could feel Spirit at my side as these cards moved into fruition. Magic was in the air. My deepest dream is that the magic I felt in the creation flows through you as you use them in your life. May your inner oracle awaken.

From my heart to yours,
Denise Linn

I'd love to have you join me at www.deniselinn.com
so we can stay in touch.

THE SACRED TRAVELER

Your life is a spiritual quest that may be fraught with uncertainties; however, it's through this sojourn that you transform, heal, and bring greater love and awareness into your life and into the world. Your encounters on the pilgrimage of life are conduits that can transport you to the heart of God and beyond. At every turn on your path, you have a sacred companion at your side, giving

you powerful advice. This loving escort is akin to your soul; it's your Sacred Traveler.

Some call this special being an angel, a spirit guide, your higher self, your soul, or even the Creator, but no matter what name is used, the Sacred Traveler offers you excellent advice and helps you tap in to your vast store of inner wisdom. The Sacred Traveler constantly whispers to you—through signs, synchronicities, and symbols around you—and also communicates through spontaneous thoughts that nudge at the edge of your consciousness.

Sometimes it can be difficult to be aware of these messages and to understand their meaning. You may not be able to hear them because there's too much static from worldly concerns and the environment around you. However, the *Sacred Traveler Oracle Cards* can help you quiet your mind, as they take you on a wondrous voyage of self-discovery. They'll assist you in clearing inner clutter, thus creating a direct path to your internal universe. They can help activate your intuition and support you in realizing your purpose and potential.

Your life and the experiences you have are not an accident—there's a plan for you, and you have a destiny. When you use these cards on a regular basis, you'll begin to align your inner spiritual existence with your outer life, and you'll learn the truth of the plan for

your soul. Additionally, if you perform readings for others, profound realizations will occur for both you and your clients.

When you use these cards to interpret the signs that are all around you, you'll begin to discern the whispers of the Universe. Even though it's not always easy to decipher these secret messages, the cards were designed help you recognize and understand these communications from beyond. The *Sacred Traveler Oracle Cards* can also be used to learn about your future probabilities, answer questions, help you make decisions, and show you where you are right now.

From the earliest history of mankind, there are records of native people using the signs from beyond to determine their destiny. Throughout time—in Africa, the Middle East, Asia, India, Indonesia, the Americas, and ancient Europe—people have turned to priestesses, priests, sages, visionaries, healers, shamans, medicine women, and medicine men to gain wisdom and insights about their lives. These wise beings stepped through mystic gateways into inner realms and brought meaning to the seemingly random nature of life. Today, however, it's no longer necessary to always turn to a sage or shaman to answer the heartfelt questions of life, because the veil between the ethereal and terrestrial worlds is now thinner. You have an innate capacity to travel through

divine entryways, as did the wise ones of yore, to gain understanding of the circumstances of your life. In no small way, the Sacred Traveler lives within you.

The *Sacred Traveler Oracle Cards* will assist you in comprehending the events, signs, and coincidences occurring in your life, as well as help you recognize the meaning of your dreams. These cards also activate your intuition, to realize your purpose and potential. Use these cards on a regular basis, and your ability to step beyond the mystic veil into sacred dimensions will increase. You'll begin, even more, to align your inner spiritual existence with your outer life.

HOW TO USE THE *SACRED TRAVELER ORACLE CARDS*[™]

Each of these cards acts as a key to a different gateway beyond the world of form into the invisible realm of Spirit, so take time to get to know your cards. As a suggestion, hold each card for a brief moment to tune in to its energy. Or put them next to your bed so that as you sleep an energy connection can occur between you and the cards.

Take time to consider the sacredness of the journey before you begin your reading. Whether you do a reading for yourself or for another, you're stepping into the hallowed role of the wise oracle, so your readings shouldn't be done frivolously. You won't get a clear message if you do the readings in a haphazard way. Each reading should be approached with a joyful reverence, a quiet mind, and an understanding of its sacredness. In this manner, each reading will allow you to strengthen your intuition, and will create a clearer channel for Spirit to work through you.

Preparation:

1. Clear the Space: The clearer the space, the clearer the reading; so designate a special area to do your readings. As a suggestion, take time to cleanse the space thoroughly. It's a good idea to dust, vacuum, and clutter-clear before embarking on a reading. You might also consider doing some space clearing. In ancient traditions herbs were burned to clear energy. (This is called *smudging*.) Today the most common herbs used are sage, cedar, juniper, and sweetgrass. However, if you don't desire to burn herbs, then you might consider using a single feather or a feather fan to ceremonially cleanse

the space. You can also light a candle. This moves you out of the mundane and into the mystical and sacred. (For further information, see my book *Space Clearing A-Z*). By taking the time to energize the space in which you do the reading, you are creating sacred space.

2. **Center Yourself:** Take a few deep, relaxing breaths. Make sure that your spine is straight and that you're sitting or standing tall. Go deep inside yourself to find your sacred center. This is the place where power resides in your body. Be still. Imagine that the loving forces of heaven above are flowing down through you and the nurturing love from Mother Earth is flowing up through you. You're now at the sacred intersection between the above and the below.
3. **Call Spirit:** Be open to being a conduit for spirit. Take a few deep breaths and call upon your higher self, angels, spirit guides, and ancestors. Ask for assistance and guidance. This will increase the clarity and power of the reading. Give thanks in advance for the support and love that flows into you. This is an important step, whether you are doing the reading for yourself or for another.
4. **Focus Your Intent:** Where intention goes, energy flows. Become clear on the results that you desire

from the reading. If you desire a feeling of deep satisfaction, focus on that. If you want to feel determined, strong, and clear, focus on that. Hold your intent clearly in your mind. This is an essential step.

5. **Activate Sacred Space:** Imagine that you are in the middle of a mystic sphere of energy and light. Doing this creates a dome of sacred space within you and around you, thus bringing clarity for a more accurate reading. This forms an energy circle around you as you do your reading.
6. **Clear the Cards:** Between every reading it's valuable to clear your cards. You can do this by holding them over the smoke of sage or cedar. Incense can also be used. You can also gently blow on them, or tap or knock the cards to reset the energy.

Choosing the Cards:

1. **Energize Your Hands:** As you concentrate and focus your intention, slowly rub your hands together until they feel warm and tingly. You're energizing them in preparation for working with the cards.
2. **Fill Your Cards with Love:** Hold the deck in your hands and then slowly place the deck in the center

of your chest. Imagine that the golden light of your heart is illuminating the cards. Say to yourself, "May the wisdom and truth be revealed in this reading, in accordance with the highest good."

3. Ask a Question: Focus on your question. (Or ask whomever you are doing the reading for to concentrate on their question.) You can state the question out loud or think about it silently. As you do this, have faith that you'll receive exactly what is needed in the reading. The questions shouldn't be yes/no questions. They should be more open ended, such as: "What is the best way to resolve this situation?"
4. Shuffle the Cards: As you mix and remix the cards, continue to call Spirit while staying centered. Then spread the cards out, and allow your hands to hover above them.
5. Select the Cards: Your fingers may tingle or feel warm as you near the cards that you're meant to turn over. Don't think about it. Work quickly and easily. As a suggestion, don't take a lot of time . . . often this can mean that you are overthinking it. Just let your intuition flow through you. Also, pay attention to any that seem to just jump out on their own. There are no accidents.

Interpreting the Cards:

1. **Turn a Card Over:** Notice the first feeling, emotion, image, memory, and sensation you experience. What's the very first insight that arises within you? Trust your intuition and your gut response. Often your first impulse is the most accurate.
2. **Look at the Card:** Be aware of the colors and images, as well as the words. Everything is conveying a message to you. Use your intuition to understand the deeper meaning regarding your question. You might consider writing down your question and the answers you receive. Often, down the road, when you look back on what you've written, you'll begin to understand even deeper meanings.
3. **Look Up the Meaning:** If the answer doesn't immediately appear when you first look at the card, you might want to look at the meanings written here. In this guidebook, there's a directory of card meanings. The meanings that I've provided for you are just starting points. (If the meaning listed in the guidebook is at odds with the first instinct that came up for you, go with your first instinct.)
4. **Choose a Method:** This guidebook provides a number of suggestions for ways to use these cards;

however, the method is less important than the openness of your heart. When you are centered and your heart is open, even pulling one card will give you what you need.

Storing the Cards:

1. **Wrapping the Cards:** Ideally you want to keep your cards wrapped in fabric. Some people like to use black silk to embrace the energy within. Some like to use white silk to purify the cards between uses. Others use green- or blue-colored wool to stabilize the energy of the cards when not in use. Every color and every fabric carries a different energy. Use your intuition to decide which is best for your cards.
2. **Recharging the Cards:** Once you have wrapped your cards, place a crystal or a special stone on them. This helps to recharge the cards when they are not in use. It's important to cleanse the stone or crystal between uses. (To do this you can put the stone or crystal in sunlight for at least four hours, or rinse it in cold water, or rub it with eucalyptus oil.)

3. Placement of the Cards: Honor your cards by putting them in a place that is clean and clear of clutter. (In other words, don't stuff them into your utility drawer.) Ideally, they should be on a home altar, on your mantelpiece, or in any other place that honors them as a sacred tool. If you use your cards a lot, you may want to consider making a special altar just for your oracle cards.



METHODS OF CARD READING



DAILY SPIRITUAL INSIGHT

Choose a card for the day. This card can give you an understanding of the forces at play for that particular day. It may also help you discover the best course of action to take regarding any challenges or decisions that may arise. Choosing a daily card can affirm the underlying energy of life for that 24-hour sun cycle.

MONTHLY SPIRITUAL INSIGHT

Choose a card for the month. You might consider pulling this card either every full moon or every new moon. This card can give you an understanding of the forces at play for that particular month. It may also help you discover the best course of action to take regarding any challenges or decisions that may arise in the month. Choosing a monthly card can affirm the overall energy of life for that 28-day moon cycle.

ONE-CARD READING

The simplest way to use your *Sacred Traveler Oracle Cards* is to draw one card to address a single concern or to answer a specific question. Here are some questions that you might consider asking when doing a reading.

- If I knew what the underlying message of this card was, what might it be?
- What inner or outer course of action is suggested to gain a positive solution for this situation?

- What quality do I need to nurture or promote within myself for the best possible solution?
- What is my greatest ally in resolving this concern?
- What do I need to work on?
- What do I need to heal?
- What message am I being given and why?

THREE-CARD READING

If there is a specific area that needs attention in your life, the *Sacred Traveler Oracle Cards* can assist you in understanding the best way to proceed. Choose three cards and lay them facedown, left to right. Turn them over one by one to reveal the messages from Spirit.

Card 1—What Needs to Be Healed: The card on the left is called the “Blockage Card,” and it indicates what is blocked and needs to be resolved to clear the challenge. For example, if you got the *Breaking Trail* card, it might be that you are blocked in your effort going forward, or you may be afraid to take action and move forward. If you got the *First Light* card, which is about new beginnings, maybe you are afraid to let go of the old and start fresh.

Maybe you have concerns about what a new beginning might mean in your life.

Card 2—How to Heal the Blockage: The card in the middle is the spiritual tool (or the “Healing Card”) that helps resolve the obstacle. For example, if the “Blockage Card” on the left is *Distant Thunder* (which might signify that you are blocked in your ability to shake things up a bit to clear the air, or there may be someone with whom you need to speak your truth but are afraid of making waves), and the card that you get to heal this is *Fogged In*, this might mean that you need to go slow and use your intuition to take time to see the situation from a deeper perspective, to get to the truth before you speak your mind.

Card 3—What Is the Future Outcome: The card on the right is the “Outcome Card,” and it represents how the situation will be resolved if you follow the advice given in the previous two cards. For example, imagine that the “Blockage Card” is *Choosing Your Path* (which could mean that you are blocked regarding having choices in life). Then imagine that the middle card, or the “Healing Card,” is *Finding Sanctuary*, which could mean that the way to mend those situations is to pull your energy inward and connect with your spiritual source. It is time to place your needs above the needs of everyone else. If you then pulled *Narrow Path* for the “Outcome Card,”

this could mean that you can succeed but need to tread slowly and carefully while heeding the guidance of the first two cards.

Variation for the Three-Card Spread: The card on the left represents the past (or the origins of the challenge), the middle card represents the present (or where you currently are), and the card on the right is what the future will bring.

FIVE-CARD SPREAD

Messages from Your Spirit Guides

The Five-Card Spread is a method by which your guides can give you spiritual advice. In this spread, imagine that all your spiritual helpers are in one place, poised to speak to you and guide you. It's as if you are in the center of a great council of all those who love and care for you.

To initiate this powerful process, focus on your question and then ask for the blessings and guidance of all your celestial helpers. Know that they are present while you do this reading.

1. *Card 1—Message from Your Higher Self and Master Guide:* Choose a card that represents you (or the person for whom you are doing the reading), and place it in the center of the table.
2. *Card 2—Message from Heavenly Helpers:* Pick a card that represents what the heavenly beings and angels want you to know. This card goes above the center card.
3. *Card 3—Message from Earthly Helpers:* This card contains a message from the divine Earth Mother and from all your animal, plant, and stone allies. This card goes below the center card.
4. *Card 4—Message from Your Ancestors:* This card is a powerful missive from those who are connected to you through your heritage. This card contains a message from your relations who are in Spirit. They want to support you on your journey in life. Place this card on the left-hand side of the center card.
5. *Card 5—Message from Your Future Self:* Choose a card that contains a message from who you are to become in the future. If only we could go back to our younger self and give that being advice and guidance, based on what we have learned. This is that opportunity. This goes on the right-hand side of the center card.

After you pull a card for each of these spirit helpers, examine the thoughts that jump into your head. Notice if there seems to be an overall theme for the messages. This is the key to truly understanding the message that Spirit has for you.

THE MEDICINE WHEEL ONE-YEAR SPREAD

The Medicine Wheel is a sacred circle (often made of stones) that has been found in many forms in native cultures around the world. It's a symbolic representation of all the cycles of life, such as the cycle of the rising and setting sun; the phases of the moon; the stages of birth, death, and rebirth; and the turning of the seasons. In the Medicine Wheel, every moon (month) has a position. The winter solstice is represented at the top of the circle (the North position on a compass), and the summer solstice is at the bottom (the South position); the spring equinox is on the right side (the East), and the fall equinox is on the left (the West).

To forecast your coming 12 moons (one year), first choose a card for the month that you're currently in, and then place that and each subsequent card in its position

around the Medicine Wheel. For example, January would be in the North/Northeast position on the circle (approximately 1:00 on a clock), and if you do the reading in March, you would start at the East position (3:00 on a clock) that equates with March. After pulling all 12 cards, place a final card in the center to represent the overall energy of the entire year. As you look at the forecast, you'll receive insights as to the flow of the coming months.

As a suggestion, reshuffle the cards after pulling each card, in case the same card desires to appear again. Some people like to print out 12 pages with a photocopy of each card for the year, and then make notes about what occurred during each month on that page. So at the end of the year you have a journal of the past 12 moons. These journals also make great gifts to give someone on their birthday.

DISCOVERING THE HIDDEN MEANINGS OF YOUR DREAMS

Dreams can also bring visions of the future, inspiration for our present, and glimpses of the past and even far past. They can be a meeting point between the earthly and heavenly realms, and they can also activate vast creativity

and inspiration. However, even when we can remember our dreams, we are often puzzled as to the meaning of the seemingly strange and vivid images. The *Sacred Traveler Oracle Cards* can help you begin to unravel the deeper meanings of your dreams. Here are some steps to do this:

Write Down Your Dream:

1. In a dream journal, write down your dream in its entirety. Include every detail you can remember. Rather than jumping right into dream interpretation, take time to savor your dream and allow the nuances of emotions to permeate your awareness.
2. Scan through your dream and pick out the most prominent images, feelings, and emotions. Write them down. Don't be concerned if they don't seem to make sense.

Choose a Card:

1. Focus your intent on gaining an understanding of your dream. Hold this thought utmost in your mind as you put your attention on the overall feeling of the dream.

2. Using the methods described earlier, pull a card. Know that your subconscious will choose the card that most closely matches the vibration of the deeper energy in your dream. The card you pull will help give you an understanding of the secret message your dream is conveying to you.

Discern the Messages:

1. Trust that the first thing that jumps in to your mind is usually the most accurate. Look at the cards as initiators of insight. Sometimes what you instantly think when you turn over the card might not seem related to the card, but trust that this process is giving you a deeper understanding of your dream.
2. Reflect on the image of the card and notice if any spontaneous insights come forward. Sometimes, the image (even more so than the words) will be a catalyst for understanding your dream message. Look at the colors, shapes, and objects on the card. What aspects of the image seem to be the most relevant to your dream? Remember, in understanding dreams, the card won't give you a definitive answer, but it broadens your ability to tap in to your innate knowing.

3. Even if you don't remember your dreams, you can pull a card first thing in the morning when you awaken anyway, so the Universe can give you the message of your dreams from the night before.

READING SIGNS AND COINCIDENCES IN YOUR LIFE

In every moment, you're constantly surrounded by signs, coincidences, and synchronicities, all aimed at propelling you in the direction of your destiny. Truly in every moment, the Universe is whispering to you. But sometimes it's difficult to understand the deeper meaning of these signs. However, you can use your oracle cards for comprehending these messages. To do this, simply focus on the sign and then pull a card.

Here is an example of how this can work. If you walked outside and a crow flew so close to your head that you could feel the wind from its flapping wings as it soared high into the sky, you might determine that is a kind of sign but not know what it means. Simply pull one of the *Sacred Traveler Oracle Cards* to gain an awareness of what it could be. If the card you pull is *Journey by Moonlight*, the crow might be a sign to go deeper, to look

beneath the surface where magic is afoot. Let go of your mundane view of the world; things are not as they seem. Expect and look for magical and mystical occurrences.

If you receive the card *Protected by Angels*, this could mean that the crow is trying to tell you that no matter what you are going through, the angels above are surrounding and protecting you . . . and all is well. (For more information about signs, see my book *The Secret Language of Signs*.)



ANSWERING THE CALL

“The time is now.”

Card Meaning: You've been called. The sacred journey always starts with a call. You might feel ready, or you might be uncertain and not willing. But when you receive the call, you must respond. If you've been waiting for your life to turn out, the waiting is over. Your true and authentic life is happening. If you've been hoping for a sign, this is it! Right now you've been called, and a gateway is opening for communications from the spirit realms. The energy of courage surrounds you. You may not know what the future brings, but you do know that it is now time to act and go forward.

The Sacred Traveler Wants You to Know: Spirit is trying to get your attention; right now your spirit helpers are telling you that this is your time. Listen with your heart. Your time is now! Do it now. Throw your shoulders back, take a deep breath, and plunge forward. The waiting is over. No matter what concerns or hesitations you may have, in the deepest sense you are ready. Believe. Trust. Follow the signs—there will be many—and miracles will abound.





ASCENDING THE MOUNTAIN

“Keep going forward.”

Card Meaning: The journey might be hard right now, but a great view awaits you. You most certainly can achieve your goal; however, you must continue forward through hard work and diligence. Do not give up. Even if it seems hard, keep going forward. Even if it sometimes seems that you are going up three steps and falling back two, you are still getting closer to your goal. Sometimes you may need to take smaller steps, but do not stop. Every step takes you closer to the peak of the mountain.

And when you arrive, the view will be spectacular. It will be worth all your hard effort.

The Sacred Traveler Wants You to Know: It's okay to stumble or fall down; just don't stay down. Do not allow yourself to be limited by the beliefs of others or even by your own limiting beliefs or fears. Go beyond boundaries of self-imposed barriers. Live passionately and courageously. Keep moving forward fearlessly. Speak up for yourself. Honor your truth. This isn't the time to be timid or hold back. Go forward gallantly with your banner of truth waving in the wind. You are a light bearer for others.





BEGIN NOW

“Take your first step.”

Card Meaning: Every journey starts with the first step. There is no moment better than the present one to begin. You might not feel ready, but nevertheless, it's now time to start. A new cycle is beginning. Wipe the slate clean and get going. Release familiar routines, stagnant situations, or challenging relationships that no longer support you or empower you. You are at the end of an old cycle and beginning a new and exciting one. Set your sails for a new horizon.

The Sacred Traveler Wants You to Know: There are times when the traveler needs to separate from family, friends, and acquaintances to enter new places within himself or herself. Sometimes the traveler must go beyond what is familiar in order to be open to transformation and change. Thus the journey brings a heightened sense of awareness and ignites mindfulness. Sometimes it can feel difficult to take that first step, but unless you do you'll never know the joy and fulfillment that await you. Do it now. In the words of Lao Tzu, "A journey of a thousand miles must begin with a single step."





BREAKING TRAIL

“A breakthrough is at hand.”

Card Meaning: You're at the beginning of a breakthrough! Everything you've been doing for the past few years has been a preparation for what's ahead. There are instances when the path isn't clear ahead, and in those moments sometimes you need to break trail. In your life, it may seem that the path disappears; however, the only way to reach your destination is to push through. Keep going. Do things in a new way. Imagine a woman giving birth; it's hard, but through her great effort a baby comes into being. Something new and exciting is coming into your life.

The Sacred Traveler Wants You to Know: It's not about following the path ahead but creating your own trail. It's time to stop standing on the edge of life and just take a leap. Your patience is going to pay off. Old limitations and inner blockages are dropping away. Don't let fear keep you from moving forward. This is truly the time to allow yourself to experience the fear, but do it anyway. Something for which you've waited a long time is about to come to fruition! Don't be afraid to jump in with both feet. Your efforts will help create a trail for others.





CHOOSING YOUR PATH

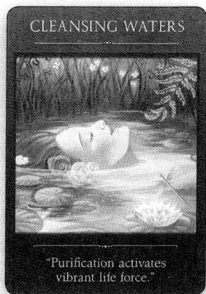
“All is possible.”

Card Meaning: New vistas are ahead, and you have the power to choose . . . and within this is your freedom. Do not allow the restrictions and limitations placed on you by the expectations of others deter your path. Be daring. Cast aside conventions and restrictions. Dance. Laugh. Explore. Go beyond your predictable behavior. Say yes to life! You support others in stepping in to their freedom.

The Sacred Traveler Wants You to Know: Choose life on your terms. Move beyond those situations that you've outgrown. Sometimes, to be free, the traveler

needs to put down his pack and just keep walking. There are times to live an ordinary life, but there are also times to cast ordinary things aside and fling your arms to the heavens in joy. You're not on the planet to always meet the needs and expectations of others. You're here to explore, expand, and step in to your extraordinary self. Don't unconditionally accept the rules you have placed on yourself or that others have placed on you. Choose pathways that lead to greater freedom and happiness.





CLEANSING WATERS

"Purification activates vibrant life force."

Card Meaning: To achieve fulfillment, purify yourself and your surroundings. Space clear your environment. Clear out clutter. In order to release old beliefs, stagnant energies, and auric grunge that you may have picked up, it's necessary to cleanse and purify yourself and your home. Let go of the old, discarded, and unused; eat lightly; drink fresh water; and simplify your life. Shower or bathe with the intention that all that is not needed is washing away. When you purify yourself, you become a clearer channel for light and thus know what direction is best for your life. Also your sparkling light can then help heal and support many.

The Sacred Traveler Wants You to Know: The traveler periodically takes time from the journey to seek holy waters for purification and renewal. Standing under the mystical, cleansing waterfall, the voyager knows her energy field is being cleansed, past-life limitations are washing away, and limiting beliefs are dissolving. Sometimes the traveler purifies in a stream, or a mountain lake, or next to ocean waves, but also by simply standing in the rain, or drinking refreshing waters. In each moment there is the knowing that the water is clearing out what is stagnant and replacing it with shimmering, sparkling energy. Find as many ways as possible to use water as a cleansing force in your life . . . all with the intent of purifying your life so greater energy can emerge.





CROSSING BRIDGES

"It's time for healing,
connecting, mending, and releasing."

Card Meaning: Crossing bridges is a way to let go of the past and begin a new cycle in life. A heartfelt change is ahead. It's time for healing old wounds with people and situations. It's time to forgive and let go of the past. Do whatever you need to do to make amends, and then let it all go. If there is anything unresolved in your life, take steps to restore and reconcile. You may even need to burn your bridges behind you. Heal the rifts within yourself. Help others traverse bridges in their lives.

The Sacred Traveler Wants You to Know: When the traveler crosses a bridge, a new land awaits on the other side. You are ready to cross a bridge (or bridge a gap) in your life. There are times to step away from certain people and situations; there are also times to carefully mend bridges with people, situations, and places . . . and then go forward. This is one of those powerful, healing times to choose. Maybe there is a wound inside of you that needs to be forgiven or accepted. Transform the inner grievance. Forgive. Let it go. Do it now. You no longer need to carry it with you. Perhaps there is a person from your past with whom you should reconnect (or release completely). You know what you need to do. This is the time to do it.





DESERT PASSAGE

“Trust there’s a divine plan.”

Card Meaning: Even if it seems that life has areas of barrenness, beneath the surface life is transforming, in accordance with your highest good. Trust that you are guided, even if it doesn’t always seem like it. There are spiritual guides, allies, and angels surrounding you. Listen with your heart. Act on your instincts. Believe that the messages you are being given are in your highest good. Get down to basics. Trust what you feel.

The Sacred Traveler Wants You to Know: The desert path can seem like a vast wasteland; yet, it is in

the isolation that immense insights and intuition can emerge. In times of old, sages and visionaries retreated into the desert to connect more deeply with Spirit. If, in the past, you trusted your instincts, and then later it seemed to be a mistake, don't let that keep you from trusting your intuition now. Often those things that we thought were mistakes in the past, in hindsight, were the best things possible for us. As you open to your intuition, you will sense messages from and the loving presence of your spirit guides and ancestors. There is a potent plan for your life. Trust.





DISCOVERING TRUTH

“You stand in the light of truth.”

Card Meaning: Listen to the wisdom that rises from your soul, even if those around you don't agree. Trust your instincts. Be yourself, whatever the situation, and respond from the authentic place inside. Be starkly honest with yourself. Speak your truth. Live your truth. “Walk your talk.” Listen to your inner guidance and follow it. You radiate the energy of truth to others so that they can find their truth.

The Sacred Traveler Wants You to Know: If you are facing a decision, and your mind says one thing and

your heart says another, follow the dictates of the heart, and you'll be on the right path. If you get a nudge to speak to someone or go in a particular direction, don't hesitate; follow this guidance. On your journey, others may indicate what path you should take and why. You can listen to their advice; however, if your heart indicates another way, follow that. There's a place inside of yourself that always knows the truth. Take time to be still, to discover that genuine place of knowing within. Often the hardest thing about living your truth is discovering what it is, so it's important to slow down, be quiet, and listen to the whispers of your soul. If there's an area of your life in which you're not being authentic or where you're not in integrity with your values, this is the time to make some changes.





DISTANT THUNDER

“Clear the air.”

Card Meaning: Dramatic purification, renewal, and healing are occurring on many levels. Don't be concerned if there is chaos in your life; in this instance it is good. It is shaking things up so you don't become stagnant. If your auric field or your personal space is cluttered, it's difficult for exciting new experiences and opportunities to come into your life. It's time to clear out clutter; release the old, discarded, and unused. Clear the air and release situations and people who don't empower you. Purify the dross out of your life. In order for renewal to occur, the old needs to make way for the new.

The Sacred Traveler Wants You to Know: On the distant horizon, a storm is brewing. Great shards of lightning are thunder-bolting to the earth from the heavens. It can feel chaotic, but it heralds a time of renewal. The thunderstorm clears the dust out of the air and re-energizes the earth. Be open to change. It's all good, even if it doesn't seem like it. New energy is flooding your energy field. Examine your life, and see if there is anything that needs to be cleared, renewed, or released. Now is the time. Renewal and even rebirth is at hand.





EMBRACING ENTHUSIASM

“Shout to the heavens with happiness.”

Card Meaning: Stop waiting on the sidelines. To heal your life and reach your goals, get up and take some risks. Break a few rules. Shout to the heavens with joy and exuberance! Clap your hands with glee. Be silly. Don't hold back. Allow childlike wonder to flood your life. Take a day off of work. Experience and celebrate even the smallest events of life. Discover what's great about each day! This is not the time to be reserved. Embrace every aspect of life. Smell the daisies. Good times are ahead if you just let loose a bit.

The Sacred Traveler Wants You to Know: An unseasoned traveler believes that happiness only comes after one has reached the destination. However, the Sacred Traveler knows that the fastest way to manifest your dreams is to be happy now. You don't have to wait to experience joy. Your enthusiasm about what you already have will ignite miracles in your life. Without enthusiasm, something inside you sleeps. You must awaken . . . and then your relationships flourish, your health becomes vibrant, and your connection to the Creator deepens.





FARAWAY PLACES

“Get ready for new horizons!”

Card Meaning: Stop playing it safe. Get ready for new horizons and change in your life. A journey is coming. It might be to foreign lands or faraway places, or may be an inner shift that changes your destiny. It's all beneficial. Sometimes we can feel wobbled when we are not in our normal surroundings; however, you are safe and protected. Good fortune ensues.

The Sacred Traveler Wants You to Know: Part of the glory of travel is stepping out of old habits, routines, and the repetitiveness of everyday life. It can feel

daunting, yet in no small way your life is a spiritual voyage. Change is coming. Things are not as they seem. There are no wrong turns; every adventure and misadventure is part of the course. You are on a pilgrimage of the soul. Keep your metaphorical bag packed; some unexpected experiences are ahead. Be ready for anything. The joy of travel is that you can begin to experience the everyday as if you are seeing it for the first time. Nothing should be taken for granted.





FELLOW TRAVELERS

“Support is all around you.”

Card Meaning: Be open to support and help from others; you don't need to do it alone. Sometimes that support comes from someone you'd least expect. If someone offers you help, accept it. Trust that your life is guided. Unseen spirit travelers are helping you. Know that you are so very loved, in ways that you may not always directly experience. Sharing the journey means that there is support all around you. Blessings from above are showering over your life. You are safe. Angels and spirit guides are real, and their presence is near. They're only a thought away. They're messengers from

the Creator and they come with immense blessings and love. All is well.

The Sacred Traveler Wants You to Know: Fellow travelers are guiding and supporting you, and they love you, deeply and profoundly. Be still and open your heart to their messages and healing. They will come to you in soft breezes, rainbows, and feathers that seem to magically appear. Sometimes they will come in the form of a stranger with a message. These signs let you know that you're going in the right direction and that all is unfolding exactly as it should. Messengers from the Creator come with immense blessings and love. Be open to receive love from others. You are a healing loving force for others.





FINDING SANCTUARY

“Opening to your spiritual source.”

Card Meaning: Rest, rejuvenate, tune in to your spiritual source. It's in times of retreat and inner sanctuary that you can truly hear the voice of your soul. Go within and find your inner refuge. Be a safe haven for others. Step forward with grace, deliberation, and thoughtfulness. Take moments for reflection. Profound healing of physical and emotional wounds can occur in the stillness of sanctuary. Difficult situations can be averted by taking time to go within.

The Sacred Traveler Wants You to Know: Sometimes the voyager becomes travel weary. The pack becomes heavy, and the journey becomes lackluster. It's in these moments that the traveler needs to step off the path and find a temple or sanctuary to reassess and renew . . . and to remember what is truly important in life. This gives perspective and new life strategies. Create a place of beauty in your home (or in nature) that feels sacred and holy, and spend time there, carefully listening to your inner voice. If you've been pushing too hard or struggling to keep going, this is the time to be still and nurture your internal world. Listen to the voice of Spirit.





FIRST LIGHT

“Beginning a new cycle.”

Card Meaning: A new day has begun in your life. You are at the beginning of a new cycle. It's time to release the old and start again. Wipe the slate clean. Although it's often difficult to release familiar routines, situations, or relationships that no longer empower you, it's now time to set your sights on the future and let go of the past.

The Sacred Traveler Wants You to Know: The traveler faces east toward the sunrise and affirms that a new day and a new cycle have begun. New beginnings

are often fraught with the unknown; yet, the Sacred Traveler has observed, on the extended journey, that life goes in a cycle. In the cycle of life, the plants die in the autumn so there can be new birth in the spring, the sun rises and the sun sets—it's the universal dance of death and rebirth. There's a time to end and begin. In your life it's the close of one cycle and the beginning of another. Face fear about the unknown and be willing to begin anew. You will succeed.





FOGGED IN

“Go slow; take time.”

Card Meaning: Even if you can't see what's around the next corner, go forward, slowly and gently. You are safe. When you take the time to go slowly, new perceptions emerge that you can't see if you're moving fast. Move away from the rapid pace of everyday life, and step into the majesty of stillness. Resist the impulse to go ahead with your first instinct. Take time to tune in to your deeper intuition. Power is born in those times when you relax into the present moment.

The Sacred Traveler Wants You to Know: Sometimes the mist and fog are so thick that the traveler feels uncertain about everything. Where am I going? What am I meant to do? Why can't I see what's ahead? However, it's in those moments of "unknowing" that the deepest and most profound answers to life's big questions can emerge. The secret is to traverse slowly and carefully so as to not fall off the path. Be careful. Proceed with caution in all things as you sense the best direction. Listen to the whisperings of your soul. Trust your inner voice.





GATES OF TRIUMPH

“Success expands in your life.”

Card Meaning: The gates of triumph are waiting to open deep and wide for you! Inner and outer success is coming your way! Thriving is a state of mind. Accept that you can reach any goal you desire, and even more victories will expand in your life. The more you feel it, the more love, prosperity, fame, and fortune will pour into your life.

The Sacred Traveler Wants You to Know: Arriving in a foreign hamlet, wreaths of flowers are placed around the Sacred Traveler's shoulders. The townspeople

celebrate and honor the traveler. The village elders know the challenges faced and overcome and are welcoming with open arms. If a situation knocks you over, get up and brush yourself off . . . and discover what you learned. You aren't a failure if you fall down, only if you stay down. So keep going and believe in yourself. This is what true success is. Acknowledge your accomplishments in life. They are more than you imagine. Victory, good fortune, and triumph are at hand.





GRACE AND GRATITUDE

“Through gratitude, joy expands.”

Card Meaning: The secret to expanding joy is to cherish the preciousness of life and everyone and everything around you. It's simple, easy, and so very powerful. Be grateful for as much as you can. Thankfulness is modern day alchemy; it can yield happiness, grace, and peace beyond imagination.

The Sacred Traveler Wants You to Know: The secret to a remarkable, fulfilling journey is to allow gratitude to flood you at every juncture. No matter what twists and turns there are in the road, whether you are

comfortable or uncomfortable, whether you are confident or unsure . . . no matter what you are experiencing, even if your challenges seem insurmountable, feeling grateful will ease any challenge, replace darkness with light, and allow you to hear the chorus of the angels. Your entire life can transform when you take time to fully, deeply, and profoundly allow the grace of gratitude to fill you.





GREAT ADVENTURE

“Take a risk; venture forward.”

Card Meaning: At the end of your life, you are more likely to regret the things you didn't do than the things you did do. Take risks. Not every risk enables success, but if you don't try you'll never know what remarkable experiences were available to you. By stepping out of your comfort zone, you'll discover new talents and abilities. Playing safe, in the long run is no safer than venturing forth with glee. To quote Helen Keller, “Life is either a daring adventure or nothing.”

The Sacred Traveler Wants You to Know: Hoist your sails. Catch the trade winds of adventure and enter the open seas. Explore new ports of call. It's easy to stay safe in the harbor, but that's not where the juice of life is. When you sail the open seas, without knowing what the day will bring, life-force energy is activated within you. There are no guarantees when you take a risk. Be willing to go out on a limb; that's where the best fruit is. When you push yourself beyond your personal boundaries, life is so much more fulfilling.





GROUNDING

“Go deep; explore your roots.”

Card Meaning: Take time to ground yourself in what is truly essential. Remember what's important in life, and let go of everything else. Let go of the busyness and the frenetic pace of life. Be present in the moment. Release the flurry of worry about the future, or the rehashing of the past. This is a time to engage and reflect. It might be worth taking a second look at something you previously passed over. Things may not always be as they seem. Look deeper into the situations and relationships in your life. Explore your roots. Something that seems closed may, in fact, be just ready

to open. If you go beneath the surface, you may find hidden gems of truth, light, or abundance.

The Sacred Traveler Wants You to Know: Sometimes the voyage is fraught with the activity of so many places to go and things to do that personal energy gets scattered. It's during those times that the sacred traveler needs to ground their energy. Grounding can be simply a matter of leaning against a tree and imagining yourself reaching into the roots and up to the branches. This card also can mean you need to stand up for yourself. Don't back down. Stand up for those who can't protect themselves. Believe in yourself. Hold firm to what you know to be true. You're like the ancient oak, with its roots deep in the earth; you are noble, valiant, and strong.





IMPASSE

“Reflect and redirect your energy.”

Card Meaning: Turning back isn't necessarily a failure, sometimes it's the wisest thing you can do. If there's an area in your life where there's an impasse, the Universe is telling you to use this as a time to reflect and redirect your energy in another way. Wisdom is knowing when to back down, turn around, and then let it go. There are times in life to breakthrough barriers, and there are times to change direction. There is an area in your life regarding relationships, business, finances, health, or your life path that needs to be evaluated. Perhaps a new route is needed.

The Sacred Traveler Wants You to Know: If you reach an impasse in life, instead of protesting that it's unfair or unwarranted, change your course. Do it quickly and easily. Instead of focusing on what's not working, focus on what can work and what steps are needed to create a different outcome. This is the sign of a sage. The wise one views an obstacle, and if it's impassable, he immediately steps back and goes a different way. Therein dwells the sage's success. Whatever the obstacle in your life, you have learned what you needed to learn, now back away and choose a different path.





INFINITE ABUNDANCE

“Abundance is pouring into your life.”

Card Meaning: Everything is blossoming and bearing fruit now! Open yourself to receive. The prosperity you seek is being activated. A stream of abundance in all areas of life is ready to flow into your life. The Creator desires that you prosper. Take action in the direction of your dreams. This is not the time to passively wait for prosperity to fall into your lap.

The Sacred Traveler Wants You to Know: Life goes in cycles; there are times when fields lay fallow, and there are also times of harvest. Right now you are moving

toward a harvest time to receive an outpouring of money, energy, time, or love. However, you must first know that you deserve it . . . and you do. There are times on the journey when life is fallow, but in the times of harvest the Sacred Traveler shares the bounty and even volunteers to help others bring in their crops. This is the time to give deeply and fully of who you are and what you have, for the more you truly give, the more you receive. It's a universal law. As you focus on gratitude for what you already have, your abundance will grow leaps and bounds.





IN THE FLOW

“Everything is smooth sailing.”

Card Meaning: Let go of the shore. Enter the flow. You're moving into a period of gracious ease and flow. All is unfolding perfectly and with good timing. Everything is falling into place because you aren't resisting the drift of the great river of life. Enjoy the ride. This isn't the time to try to control the events of your life. Let the Creator support you. You don't have to do it all yourself. The glory of the Universe flows through you.

The Sacred Traveler Wants You to Know: It's not always easy to let go of the shore. However, this card is

urging you to take a risk and let go. When you are truly in the flow, you don't need to push or exert effort to make things happen. You can flow around any obstacle. If there is a situation in your life that isn't falling into place, let it go. It's not the right time. When you're in a state of flow, you aren't pushing the river to go faster, and you aren't swimming against it. You just enjoy the ride. If you aren't feeling the smooth current of life, it might mean that you're trying to control situations in your life, or you're being self-critical or judgmental. The way to move into flow is through gratitude and appreciation, and by allowing others and Spirit to support and help you.





JOURNEY BY MOONLIGHT

“Believe in magic!”

Card Meaning: Magic is all around you. Spiritual dimensions and mystical realms are only a thought away. The veil is thin right now between you and the realm of the fairies, elves, angels, and spirit beings. It's indeed a magical universe and the key to opening the doors to these realms is to trust. Even if you can't see, trust that you are being supported in mysterious and wondrous ways. All is not as it seems. Trust your intuition and those nudges from Spirit. Believe!

The Sacred Traveler Wants You to Know: When the traveler journeys by moonlight, mystical beings emerge and magic abounds in the depth of the enchanted forest. Even though the traveler can't see clearly, he trusts that blessings and support are being showered over him and his life. The key to having miracles transpire in your life is to believe in magic and trust that you are supported by unseen beings in accordance with your higher good.





JOY AND DELIGHT

“Open your heart to joy.”

Card Meaning: You do not need to suffer to grow. You can grow leaps and bounds through joy! True happiness comes from following the dictates of your soul. Do what gives you joy. Celebrate and have fun! Stop and embrace life, yourself, and others. Say yes! Take steps today to expand your joy. You don't need to do it all at once, but you do need to start. Your purpose in life is to experience joy! Allow joy and ecstasy to flow through you wildly and freely. Share your love. Happiness spreads to others like wildfire and can help heal the world.

The Sacred Traveler Wants You to Know: The Sacred Traveler knows that it's not just about reaching the destination; it's about the joy of the journey. The traveler stops periodically to savor the simple pleasures of the voyage. If you don't follow your bliss now, when will you? If you've been waiting until circumstances are different before you experience true happiness, you may have a long wait. It's simple: When you focus on the areas of your life that bring you joy, these areas will prosper. One of the fastest paths to happiness is through sharing and giving, so give of your heart and follow your bliss. Joy is your spiritual birthright.





MIRACLES

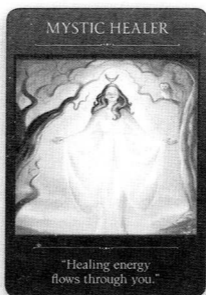
“Expect the wondrous to emerge.”

Card Meaning: Just around the bend, a miracle is waiting to happen. Release fear and uncertainty, and majestic wonders wait to unfold for you. Watch for them and embrace them. Some come in an unlikely form. Trust that all is unfolding for your highest good. Expect miracles in your life.

The Sacred Traveler Wants You to Know: What is expected tends to be realized. The more you become aware of the small marvels in your life, the more they will grow in magnitude. Celebrate and cherish them

when they appear, no matter how small they may seem. What others see as ordinary, the Sacred Traveler sees as wondrous. Look at your life in a new way. Let go of fear and expectations, and allow the Creator to solve your challenges in mysterious and wondrous ways. Don't limit the way you think miracles can appear in your life. All is well.





MYSTIC HEALER

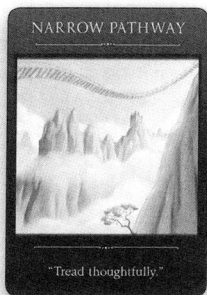
“Healing energy flows through you.”

Card Meaning: Inner and outer healing on all levels is occurring in your life. A situation, relationship, or physical challenge is being resolved. Have faith that it's happening. This is the time to find the source of challenges. Transform inner grievances. Do it now. You no longer need to carry it with you. You are a healing force for others, even if you're not aware of it.

The Sacred Traveler Wants You to Know: There are times when the traveler steps off the path to search for the mystic healer. The healer instructs that everything in

nature has the intrinsic ability to restore itself, and reminds you that you also have this powerful ability within you. For healing to occur on the outside, it's essential for healing to occur on the inner planes. To do this, meditate by visualizing a beautiful vital future for yourself, and trust that recovery is on the way. Past-life issues may be emerging in order to be released. Mystic healers are working with you to resolve emotional and physical challenges. Be patient and have faith that beneath the surface all is well.





NARROW PATHWAY

“Tread thoughtfully.”

Card Meaning: Do not make any quick decisions. Think things through. Tread carefully. If you rush into anything, there are potential difficulties. Keep very focused and don't allow yourself to get distracted. Your project will succeed, if you go slowly. The relationship will grow, but don't be in a hurry. Let it all emerge in its own time. Be thoughtful in all areas of your life.

The Sacred Traveler Wants You to Know: When the path becomes narrow, success will ensue if you go slowly and carefully. The traveler takes one step at a

time, deliberately and cautiously. No detail of the path is overlooked. Keep your focus on the steps ahead. Do not get ahead of yourself. Breathe. Relax. You will be able to achieve what others have not, if you take the time to consider carefully all options and move forward with deliberate care.





NAVIGATING BY THE STARS

“Follow your bliss.”

Card Meaning: Trust your gut. Have faith that a higher power is directing your life. Believe. Allow your life decisions to be dictated by what opens your heart and by what brings you joy. Relax. Be patient. Follow your bliss. Your life is divinely guided. All is going according to a wonderful plan for your life. Be confident that all is well.

The Sacred Traveler Wants You to Know: Sometimes you can't see the road ahead, but when you become still, you can feel the right way to go. It's like navigating

by the stars. You might not be able to see every detail of the path for your life, but when you trust the light of the stars, your silent Spirit Guardians, and the joy of your guiding North Star to navigate in the darkness, in the morning light you find yourself at the right place at the right time.





OVERCOMING OBSTACLES

“You can overcome anything.”

Card Meaning: There may be a blockage in your life (or one ahead); however, you absolutely have all the inner resources you need not just to overcome the difficulty, but also to thrive as a result. No matter what the obstacle is, you are amassing your inner strength to step beyond it. If there is a dream that you desire that has eluded you, know that you have all the inner skills to move beyond any blockages preventing you from achieving this goal. Use any obstacle as a stepping-stone to great achievements and success in your life.

The Sacred Traveler Wants You to Know: When the traveler encounters an obstacle on the path, the traveler understands that there are many ways to go beyond it. All you need is within you now. All the assets that you require to overcome this challenge are available to you. If you are blocked on one path, find another. This is a powerful time of developing your inner strength and fortitude. When you look back, you'll find that many inner gifts developed during this time.





PASSION AND PLEASURE

“Savor your life.”

Card Meaning: Find joy in the moment. No matter what is occurring in your life, if you simply focus on what is splendid, wonderful, and pleasurable in the moment, everything improves. Live deliciously. Love often and live fully. Cherish your friendships. Fill your life with the people, experiences, and places that give you delight and joy. Let go of those people and things that don't appreciate or empower you. Give yourself permission to be happy.

The Sacred Traveler Wants You to Know: When the traveler meets a band of gypsies, the traveler stops to dance into the early morning hours. Sometimes we get so caught up with wondering what's around the next bend and worrying about our current challenges that we forget to focus on what's great in the moment. You're not meant to simply work hard and be diligent and practical. Embrace pleasure wherever you can. Allow your senses to be satiated. Find and explore the beauty around you. You don't need to suffer to grow. You can grow spiritually by leaps and bounds through joy. Dance, eat well, and drink well. Share joy wherever you can.





PROTECTED BY ANGELS

“You are cherished by the angels.”

Card Meaning: You are blessed. Immense blessings from above are showering over your life. The angelic realm is only a thought away. Angelic intervention is available to you at all times. Simply be open and you will feel their presence. This is the time to spread your wings and soar. You are so protected and so safe.

The Sacred Traveler Wants You to Know: Sometimes it might seem that you can't see the road ahead, but have faith that by your side are shimmering angels supporting and guiding you in unseen ways. Watch for

their signs, especially in the form of feathers. There is a sacred plan for your life. Your life is guided. The angelic message is that you are going in the right direction and everything is unfolding exactly as it should be. When you receive this card, it can also mean that you are an angelic, healing force for others because the light within you is so bright.





RAINBOW BLESSINGS

“Blessings are showering your life.”

Card Meaning: Blessings in all forms are cascading into your life. Just as the rainbow has all the colors of the spectrum, so is every hue of your life blessed. This is a great time to start a project, initiate a relationship, purchase a house, begin a health program, start a new job, or change careers. Let go of hesitations and concerns. Whatever you dream of for your future, this is the time to start. You'll succeed.

The Sacred Traveler Wants You to Know: When the rainbow appears in the sky above (or in an oracle

deck), have faith that blessings are abounding. Count your blessings—be grateful for ones received and know that many lie ahead for you. In the deepest sense, you are the blessing. In many ways the rainbow is a messenger from the Creator, letting you know that all is well. This card can also indicate that it's time to add some color to your life. Paint a room, change the colors of your curtains, or simply spice up your life.





REACHING YOUR DESTINATION

“Your light is shining brightly.”

Card Meaning: All your hard work and effort is paying off. Glory, triumph, and success are yours. If you've given your power away, now is the time to reclaim it. It's time to stand in your own light! A destination is less of a place but more of a new way of seeing the world. Your dreams are moving to fruition. If you have any incomplete projects or unresolved relationships, this is the time to complete them; this is an important part of reaching your destination. Take time to celebrate and acknowledge your successes in life.

The Sacred Traveler Wants You to Know: The voyage was long—and there were many adventures along the way—but as your trek reaches the destination, there's a feeling of joy and celebration. It's important to stop and rest, and congratulate yourself for who you are and for what you have done. The traveler forgives those who, on the voyage, were less than honorable. Release any feelings of resentment, fear, and sadness that you may have gathered along the road. You've reached your goal; let everything else go. You're a majestic being who can bring light into the hearts of others. Celebrate and honor yourself. You are so worth it.





REJUVENATING RAIN

“Clear the past; heal the present.”

Card Meaning: Physical and emotional healing is occurring. There is a cleansing and clearing of old emotional wounds, and even a release of past-life limitations is happening. All is forgiven. Absolve yourself. Forgive others their transgressions against you. It's time to let it all go.

The Sacred Traveler Wants You to Know: In order for new growth to occur, the old must be cleared away. This card indicates a time of clearing out what doesn't serve and support you. It can also indicate

clutter clearing. If you don't love it or use it, most likely it's clutter. Physical clutter can be indicative of emotional clutter; it's time to release it and allow the cleansing metaphoric energy of the rain to purify and cleanse you in the deepest way. This is also a great time to go on a cleansing fast to clear out your body while old emotions and challenges are clearing out of your energy field. Use water for cleansing your energy field. Stand in a cold shower. Swim in the sea. Run in the rain.





SOLITUDE

“In silence, peace prevails.”

Card Meaning: In silence you'll find a depth of self-awareness, as well as inner peace. This is a not a time to venture forth with a new project or a new cycle. This is the time to step back and be still. In quietude you can seek and uncover your deepest inner truth. Seek solitude, and all will be revealed. No matter what is happening around you, find serenity.

The Sacred Traveler Wants You to Know: Your power is born in stillness. Sometimes the traveler is in such a hurry to reach the next peak that he gets

separated from his spiritual source. However, when the traveler takes time alone, everything falls into perspective. Take time out of your day to be completely quiet. Take deep slow breaths. Imagine inhaling vitality and exhaling all that is not needed. Affirm that all is well. Move past the chatter and chaos on the road of life, be still, and hear the voices of your higher self and your spirit guides.





STAYING FOCUSED

“Hold the course.”

Card Meaning: Be clear about where you are going. Do not compromise. Follow your dreams; you deserve the best. Prioritize your life. Once you decide on a direction, hold the course. Do not veer. Do what's important, and release the rest. Place your intent and passion on one thing, rather than scattering in many directions, and you will be successful.

The Sacred Traveler Wants You to Know: On the path, it's easy for the traveler to be distracted by people, events, and even shiny objects. Do not take any

side roads. Stay the course. Keep going, no matter what emerges in your *path that* distracts you. It's easy to get lost and forget where you're heading. Recommit *yourself* to your destination. What you focus on is what you create, so put your attention on what is worthwhile, beautiful, and inspiring. Refrain from focusing on what's not working; only focus on the direction you want to go.





STEPPING INTO POWER

“You are strong beyond measure.”

Card Meaning: Take back your power. Stand in your own light. Even if your burden seems heavy, it makes you stronger. If you’ve been standing on the sidelines or acquiescing to the needs of others, this card is letting you know it’s time to stand up for yourself. The challenges you’ve faced are making you stronger. You no longer need to live your life for others. Yet, if you choose, your light can illuminate the path for those who walk beside you.

The Sacred Traveler Wants You to Know: The greatest power is silent and deep. It doesn't need a show of force. It just is. If you've lost or given away your authority to someone or something else, it's time to reclaim it. If you're afraid of standing in your truth because you are afraid of being judged, shunned, or rejected, it's time to let go of your hesitation. If you've been carrying responsibilities for others, you're stronger for it; however, it's time to decide to either let them go or continue forward with them but on your terms. You have a remarkable inner spiritual power that is born of sacred love, wisdom, and grace.





SURRENDERING TO THE JOURNEY

“Release control.”

Card Meaning: It's time to let go. All is well. The Creator is at your side. You don't have to do it alone. Your life is guided. This is not the time to try to control the details of your life. Let it flow. There are times to hold on, but this is the time to completely surrender. Surrender to the greater forces of the Universe. Let go of wanting to control your future; simply turn your challenges over to your spiritual source. The Creator will escort you on your journey.

The Sacred Traveler Wants You to Know: Surrendering is not giving up. You're not yielding to a force outside yourself; you're opening to your Soul. By releasing hold, you allow the creative forces of the Universe to spiral through you, which brings inspiration and direction into your life. Sometimes the journey goes a different way than expected; when it does, don't resist. There are times you can see the path, but you don't know where it leads. Not knowing where you're going can activate inspiration, insight, and creative juices. You cannot discover new oceans and distant vistas, unless you have the courage to let go of the shore. You don't have to do it all yourself. Support is all around you; simply open your heart and allow it in.





TAKING SHELTER

“The answers are within.”

Card Meaning: Retreat. Replenish your inner resources. Incubate your ideas for the future. Renew your energy. Do whatever you need to do to care for yourself. Mend physical objects in your home, organize your possessions, and heal relationships. Protect yourself from less-than-positive outside forces. Clutter clear, but at the same time gather your resources around you. You are preparing for a kind of springtime energy in your life, but take care of the details and create a foundation now, before this spurt of energy; otherwise it can seem overwhelming.

The Sacred Traveler Wants You to Know: When winter comes or a storm threatens, the traveler takes shelter. It's a time of incubation, retreat, and gathering of inner resources. It's time to plan and prepare for the future and for springtime, new beginnings, and a new cycle. The traveler knows the importance of rest and recuperation. Take care of your body and your health. Watch your dreams for insights about the future. Repair whatever needs to be repaired in your life.





TRANSFORMATION

“A fresh new way of living emerges.”

Card Meaning: You are in a time of huge transformation. Old beliefs, ideas, and decisions about who you are (and what you deserve in life) are dropping away, replaced by incredible vitality and new pathways. Soon you'll be experiencing the world in a fresh, new way.

The Sacred Traveler Wants You to Know: The journey transforms the traveler. When the traveler arrives at the destination, the traveler is no longer the same person who started out. Even if there are some areas that may be murky or unsettled in your life, don't be

concerned. This is the confusion that often appears before the rebirth. Like the phoenix that arises majestically from the ashes, a big change in your life is at hand. Don't hold on to old ways of viewing the world and limited ways of thinking. Be willing to see the world with fresh new eyes. Changes are afoot, and it's all so very good.





TRAVELING LIGHTLY

“Simplify your life.”

Card Meaning: Release what doesn't support you. A busy life (and the accumulation of more than you need) creates static. Clear internal and external clutter. Do what matters, and release the rest to find peace, grace, and stillness. Simplify your life; otherwise it's difficult to hear the voice of the Creator. Create time to rest and rejuvenate.

The Sacred Traveler Wants You to Know: On the journey, we often gather things that don't support us. It's time to say good-bye to fellow travelers, situations, and

objects that don't bring out the best in you. Keep what works, and let go of the rest. Doing what is essential and releasing everything else is one of the fastest ways to align with the tranquil vibration of the spiritual realm. Clear things from your schedule that do not advance your life forward. Even a small amount of this cleansing can make an immense difference.





UNCOVERING TREASURE

“Beneath the surface lies great bounty.”

Card Meaning: Look beneath the surface in your life, and you'll find treasure. Bounty is awaiting you in many forms. The secret is knowing that you deserve it and are worthy of it. Something that you thought was ordinary will turn out to be extraordinary. Take a second to look at the people and situations in your life. Sometimes receiving treasure is simply a matter of seeing life in a new way. The treasure was always there; you just didn't see it.

The Sacred Traveler Wants You to Know: On the journey, the traveler confronts dragons and overcomes obstacles, and in the process discovers the depth of the treasure in their soul. Often treasure is found in the most unexpected of places. Sometimes after it seems that you've faced an inner dragon, you'll find the hidden treasure. Success begets success. So as you begin to seek and find the bounty in your life, more and more rewards will follow. This card heralds a bountiful, prosperous, abundant time in your life.





UNKNOWN TERRITORY

"You are exactly where you need to be."

Card Meaning: You are exactly where you need to be, even if you're not consciously aware of it. Even if you don't have all the answers, keep going forward with your heart open. If you can't see clearly ahead and don't know where you're headed, keep moving forward. Do what feels right, even if your brain doesn't agree; your heart always knows. Instead of dismay because you are in unknown territory, celebrate that you're expanding and growing by leaps and bounds.

The Sacred Traveler Wants You to Know: Sometimes the traveler feels lost, a lack of confidence or sense of being in unknown territory. It can seem that others know more or are more qualified. However, it can be this very feeling of “not knowing” that allows one to step outside the bounds of convention and reach beyond the parameters of self that have been imposed by family, friends, society, and religion. It can be a very good thing. It can help you find yourself. Cherish those moments of not knowing; it’s often during those times that the greatest revelations occur. Trust that all is well. You are where you should be.





VALIANT COURAGE

“Take action with passion.”

Card Meaning: This isn't the time to be timid or hold back. Gather your inner resources and go forward gallantly with your banner of truth waving in the wind. Throw your shoulders back and move forward fearlessly. Take risks. It's okay to feel afraid, just don't let it stop you. Don't play safe. Opportunities will pass you by otherwise. Speak up for yourself. Honor your truth. You are a light bearer for others. Through your example, people find and act on their truth with courage and grace.

The Sacred Traveler Wants You to Know: The sacred traveler sometimes experiences the unexpected on the road. Perhaps a bear appears or someone with less-than-pure intentions emerges from the woods. Courage doesn't mean that you're not afraid. It means that in spite of fear and hesitation, you take action. Face your anxiety and go beyond the boundaries of limited perceptions of yourself. Any journey of the heart needs courage, and you're on such a journey. It takes bravery to go forward when you can't see around the next corner, but do it anyway. Do not allow yourself to be limited by the beliefs of others or even your own limiting beliefs. Go beyond boundaries of self-imposed barriers. Live passionately, valiantly, and courageously.





VAST VISTAS

“Expand your horizons.”

Card Meaning: Expand your horizons. See the world around you in new ways. This is not a time to think small. It's an exciting time for you. You may find travel or new adventures in your future. Think outside the box. Ideas and projects that you've been contemplating are now moving toward manifestation. Unconventional relationships may flourish. Take time to nurture your dreams, for big changes are ahead.

The Sacred Traveler Wants You to Know: As the traveler steps out of the woods, the pathway winds up to

a high point with a vast vista. The traveler can see in all directions and knows that all things are possible. New and wondrous paths are ahead. The traveler can choose any direction to journey. Get ready for a joyous, expansive sojourn. Take deep and full breaths. Each breath affirms that you're in an expansive phase of life.





VIEW FROM ABOVE

“Get the big picture.”

Card Meaning: Don't get bogged down in details. Let go of petty concerns. Get the big picture. Imagine that you're seeing your life from above. Only do what is truly important; everything else is inconsequential. Go through each area of your life to look and see what the big picture is. Make major life decisions based on this strategy.

The Sacred Traveler Wants You to Know: It's easy to forget what the overall journey is about when the traveler gets caught up in day-to-day survival and the ups

and downs of life on the road. It's only when the traveler takes time to look at the big picture that he realizes that most worries and anxieties are only temporary. Imagine yourself in the future; ask yourself if what you are doing now will be important to your future self. Focusing on these concerns takes up valuable life-force energy. Keep your focus directed on the important things in life. Let everything else drop away.





VOYAGE OF THE HEART

“Love flows through you and to you.”

Card Meaning: You are beloved. You are deeply loved and profoundly loveable. You are a sacred vessel for love to flow through you. God (the Creator) is love and in your essence, so are you. In matters of romantic love, all is healing (or is already healed) on the inner planes. Trust the messages from your heart and follow them, even if they are at odds with your mind. Angels and guides are communicating with you; listen to their soft whispers.

The Sacred Traveler Wants You to Know: Joyous love flows through you and to you. You deserve love. There is nothing you need to do to receive this vibrant energy. Tenderness and devotion are finding their way to you. The traveler walks with a light heart on the path knowing that she is surrounded with love. It's truly a day for rejoicing. Your capacity for receiving and giving love is expanding. Let your heart lead you forward. Your mission on Earth is to deepen your ability to impart and accept love, and that is happening right now.





WANDERING PATH

“Enjoy the journey.”

Card Meaning: You don't always need to know where you're going. Accept the fact that sometimes the path in life is circuitous and meandering. Yet, know that you're always exactly where you need to be, even if it doesn't seem like it. Be present with your journey. Embrace everything that you encounter on the path. It's all for your highest good. Accept what is. This is the key to inner power.

The Sacred Traveler Wants You to Know: When you're traveling, you are in the present moment. A mystic

traveler has no specific goals for the future and is not focused upon the destination. Everything is fresh and new. At times it's difficult to accept everything that occurs on the road of life, especially if the road seems to twist and turn in unexpected ways. It's an act of courage and faith to accept what is, without judgment or dismay, and to keep going. Trust that there is a plan for your life, and it's unfolding perfectly. Have faith that you're on the road that you're meant to travel on. Accepting "what is" doesn't mean that you can't work to change it, because you can. However, this card does suggest that every experience is supporting you for your highest good and your spiritual evolution. If there's something you can't accept, start by gently accepting the fact that you can't accept it. Allowing for your own wandering path is the key to grace and peace in your life.





WATCHING CLOUDS

“Lie back, rest, and relax.”

Card Meaning: Lie back. Relax. Put everything aside and take time to renew your energy. It's often when you totally relax that new insights and awareness can emerge. Take deep, full breaths. Put your feet up. Be present in each moment. Do nothing. Watch clouds. The answers that you seek will emerge easily, but first you need to stop all activity. Take naps. Evaluate your life.

The Sacred Traveler Wants You to Know: There are times when the most empowering thing the traveler can do is to step off the path, stretch out, and lie on the

earth to watch the clouds float by. This act is renewing and regenerating. When all the activity of the road diminishes and the traveler allows a languid relaxation to emerge, this is most often the time when the presence of Spirit can be felt. This is also the time when significant signs appear. Whatever is the most relaxing to you—stretching out in a hammock, watching clouds, taking a candlelit bath, or walking on the seashore—do it . . . and the challenges in your life will diminish and often simply drop away.





WISE LEADER

“You are a beacon for others.”

Card Meaning: You are a leader; you carry a wisdom and radiance that inspires others. Even if you're not always aware of the depth of wisdom within you, it's emerging by leaps and bounds. This is a time to step into your power and take a role of leadership. You're ready. Grab the reins. Make decisions. It's okay if you're not 100 percent sure; make decisions anyway. It's what a leader does.

The Sacred Traveler Wants You to Know: On the journey, it's easy to tell who the leaders are. They have an

inner grace and strength that glows from within. Others travel on the pathways that the leaders have created. The wise leader holds up the flame as a torch for others in the darkest night. But the leader also listens to the beat of their own drum. Grab the reins of life on your terms. Don't live to please and appease others, to the detriment of your own needs. This is not what a leader does. Live without regrets.





WONDROUS UNIVERSE

“Walk in beauty.”

Card Meaning: You live in a beautiful and wondrous universe. You are a beautiful being. Take time to see and cherish the wonders of life wherever you go; it transforms your life. There is remarkable beauty within you. Simply acknowledging it allows it to surface even more. The time you take to create beauty in your home will manifest in your life. In native traditions, “walking in beauty” means to honor all the natural cycles of life and to experience a sacred communion with the Creator in all things, including oneself.

The Sacred Traveler Wants You to Know: There's always beauty around you and within you. The sacred traveler constantly looks for and embraces the majestic, wondrous Universe in all forms. You can hear it in the song of an early morning bird. You can smell it in the aroma of freshly baking bread, and you can see it in the way the clouds float across the sky. The more you seek beauty, the more it will find you, and the more you will find yourself in a beautiful world.



ABOUT THE AUTHOR

Denise Linn's personal journey began as a result of a near-death experience at age 17. Her life-changing experiences and remarkable recovery set her on a spiritual quest that led her to explore the healing traditions of many cultures, including those of her own Cherokee ancestors, the Aborigines in the Australian bush, and the Zulus in Bophuthatswana. She trained with a Hawaiian kahuna (shaman), and Reiki Master Hawayo Takata. She was also adopted into a New Zealand Maori tribe. In addition, Denise lived in a Zen Buddhist monastery for more than two years.

Denise is an internationally renowned teacher in the field of self-development. She's the author of the best-seller *Sacred Space* and the award-winning *Feng Shui for the Soul*, and has written 18 books, which are available in 29 languages. Denise has appeared in numerous documentaries and television shows worldwide. For information about Denise's certification programs and other lectures, please visit her website: www.DeniseLinn.com.



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