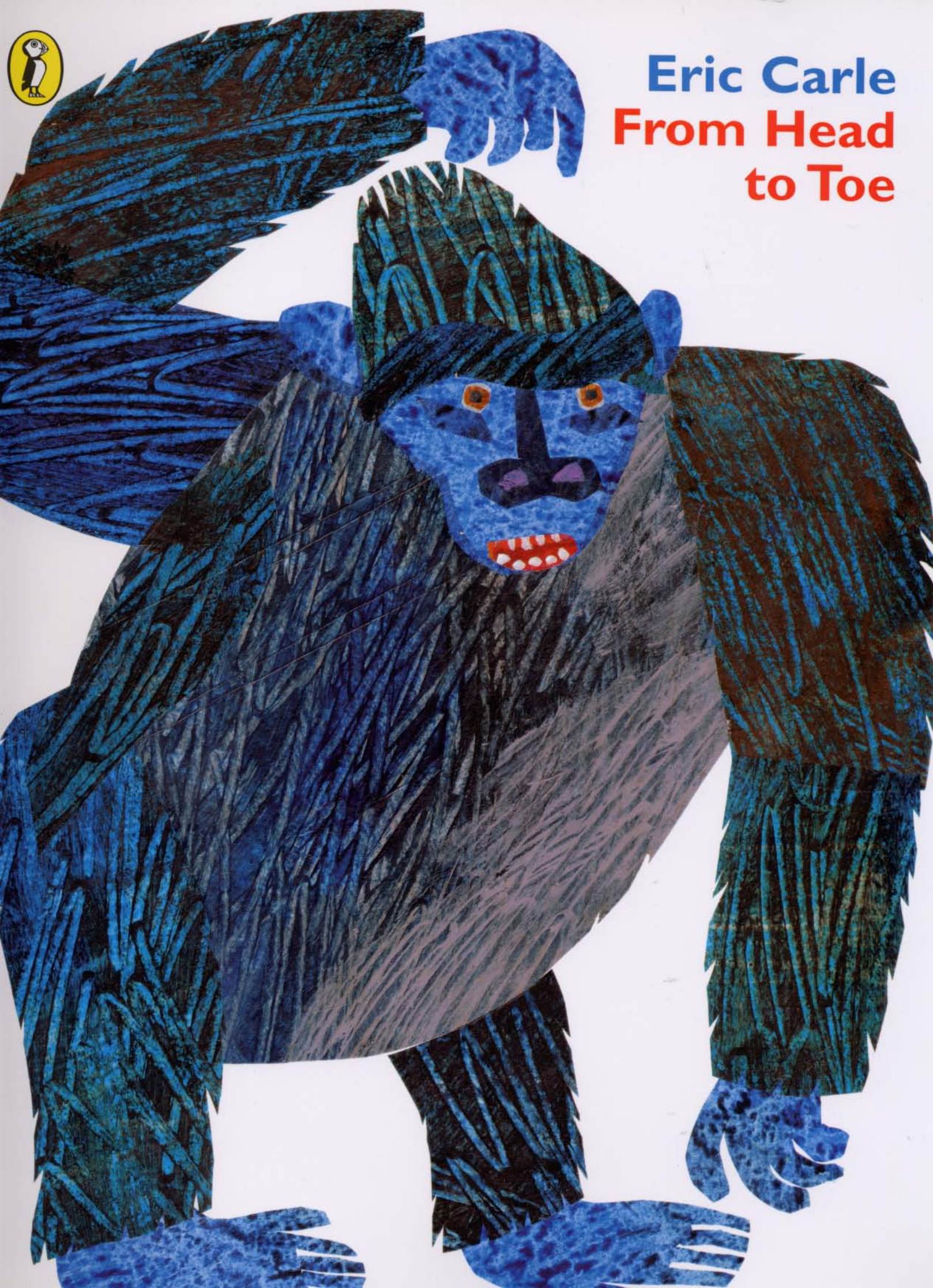




**Eric Carle**  
**From Head**  
**to Toe**



Dedicated to:

**Miss Frickey**, my first-grade teacher in Syracuse, New York, who discovered and nurtured my love for drawing pictures.

**Herr Kraus**, my art teacher in *Gymnasium*, high school, in Stuttgart, Germany, who introduced me to modern art when it was forbidden to be shown.

**Professor Schneider**, who inspired me when I studied graphic design under him at the *Akademie der Bildenden Künste*, Stuttgart.

The author and publisher thank Dr Marianne Torbert, Director, The Leonard Gordon Institute for Human Development Through Play, Temple University, Philadelphia, Pennsylvania, for her comments.

Ann Beneduce, consulting editor

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**Eric Carle**  
**From Head**  
**to Toe**



**Hamish Hamilton**  

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**Puffin**

**I am a penguin  
and I turn my head.  
Can you do it?**



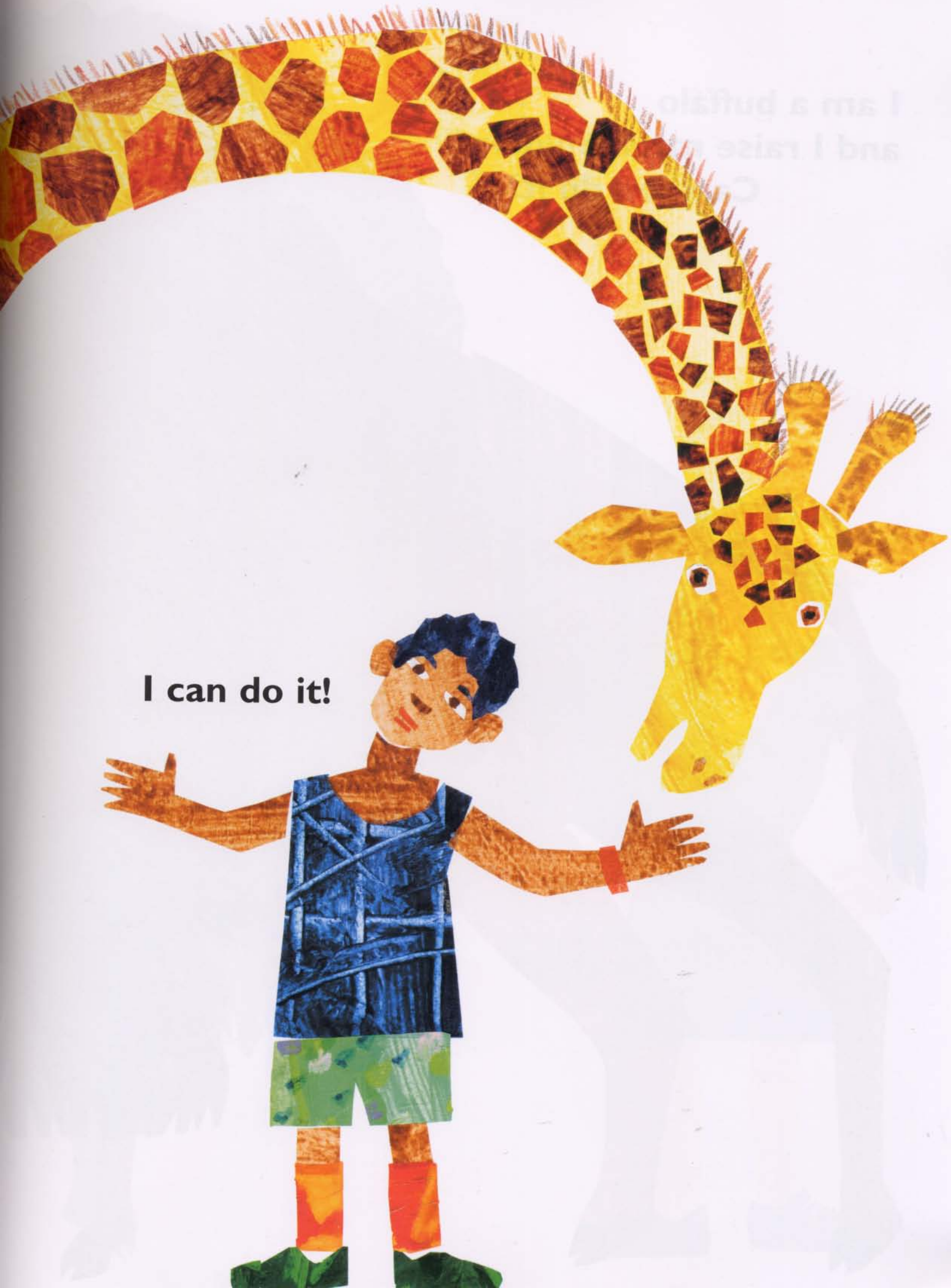
I can do it!



**I am a giraffe  
and I bend my neck.  
Can you do it?**



I can do it!



**I am a buffalo  
and I raise my shoulders.  
Can you do it?**







I can do it!



**I am a monkey  
and I wave my arms.  
Can you do it?**





I can do it!

**I am a seal  
and I clap my hands.  
Can you do it?**



I can do it!



I am a gorilla  
and I thump my chest.  
Can you do it?



I am a cat  
and I arch my back.  
Can you do this?

**I can do it!**



**I am a cat  
and I arch my back.  
Can you do it?**





I can do it!



**I am a crocodile  
and I wriggle my hips.  
Can you do it?**





I can do it!

**I am a camel  
and I bend my knees.  
Can you do it?**



**I can do it!**



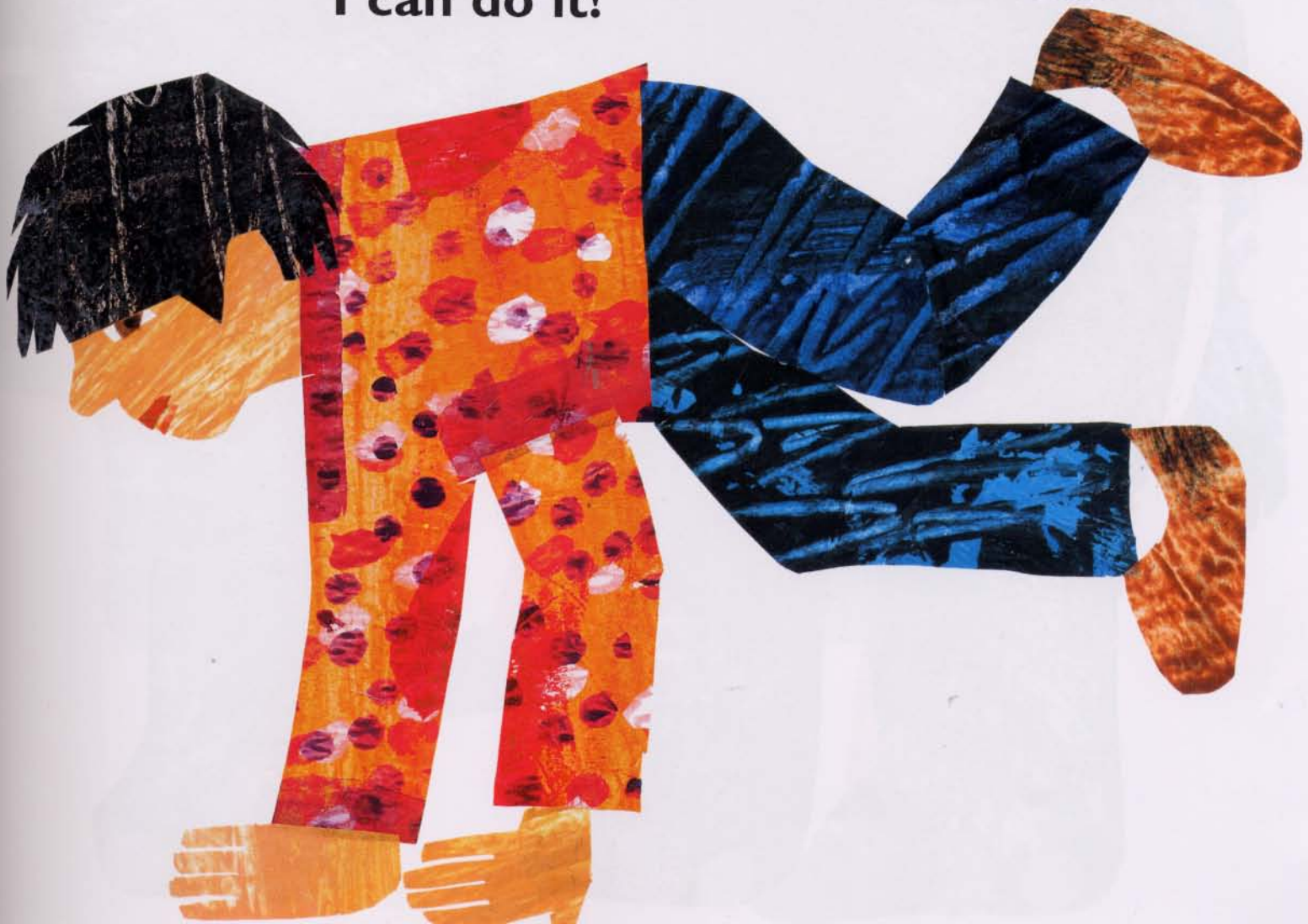


**I am a donkey  
and I kick my legs.  
Can you do it?**





**I can do it!**



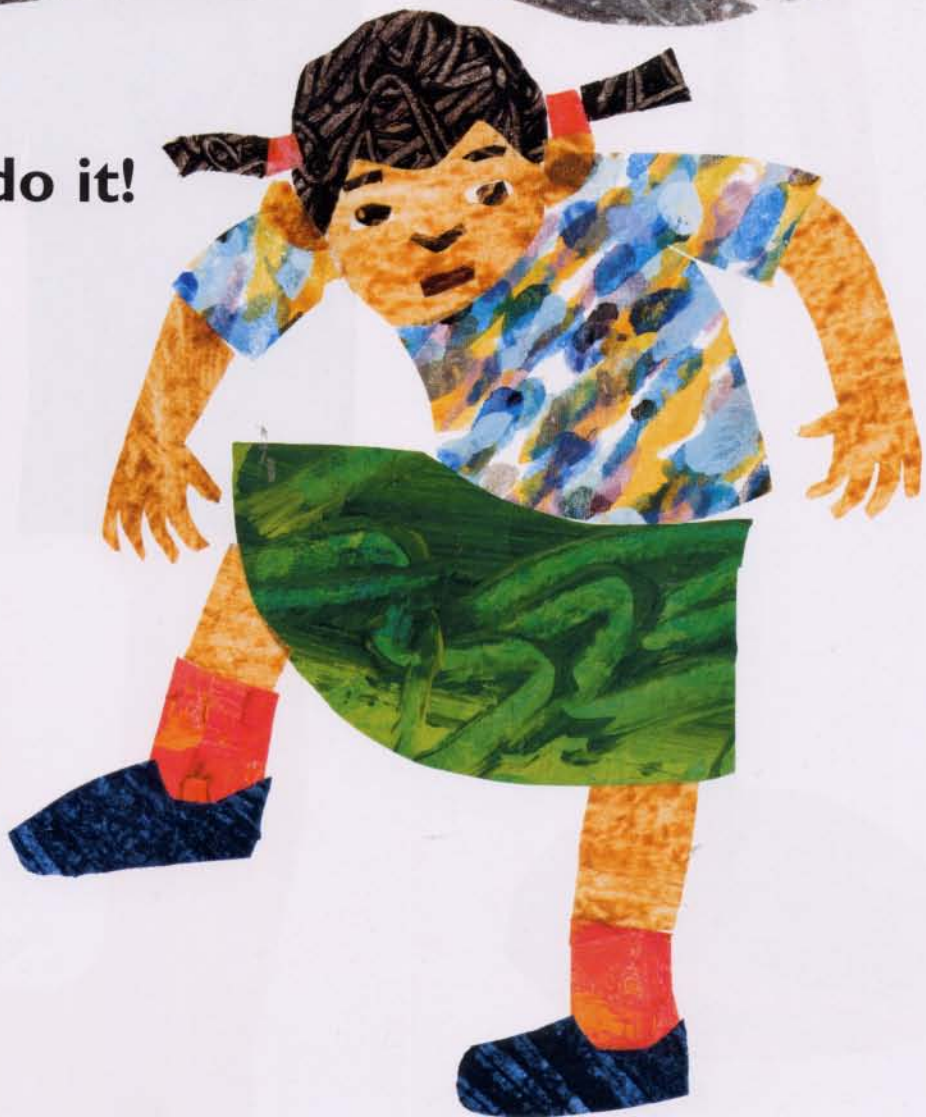
**I am an elephant  
and I stomp my foot.  
Can you do it?**







**I can do it!**



I am I  
and I wiggle my toe.  
Can you do it?



**I can do it! I can do it!**



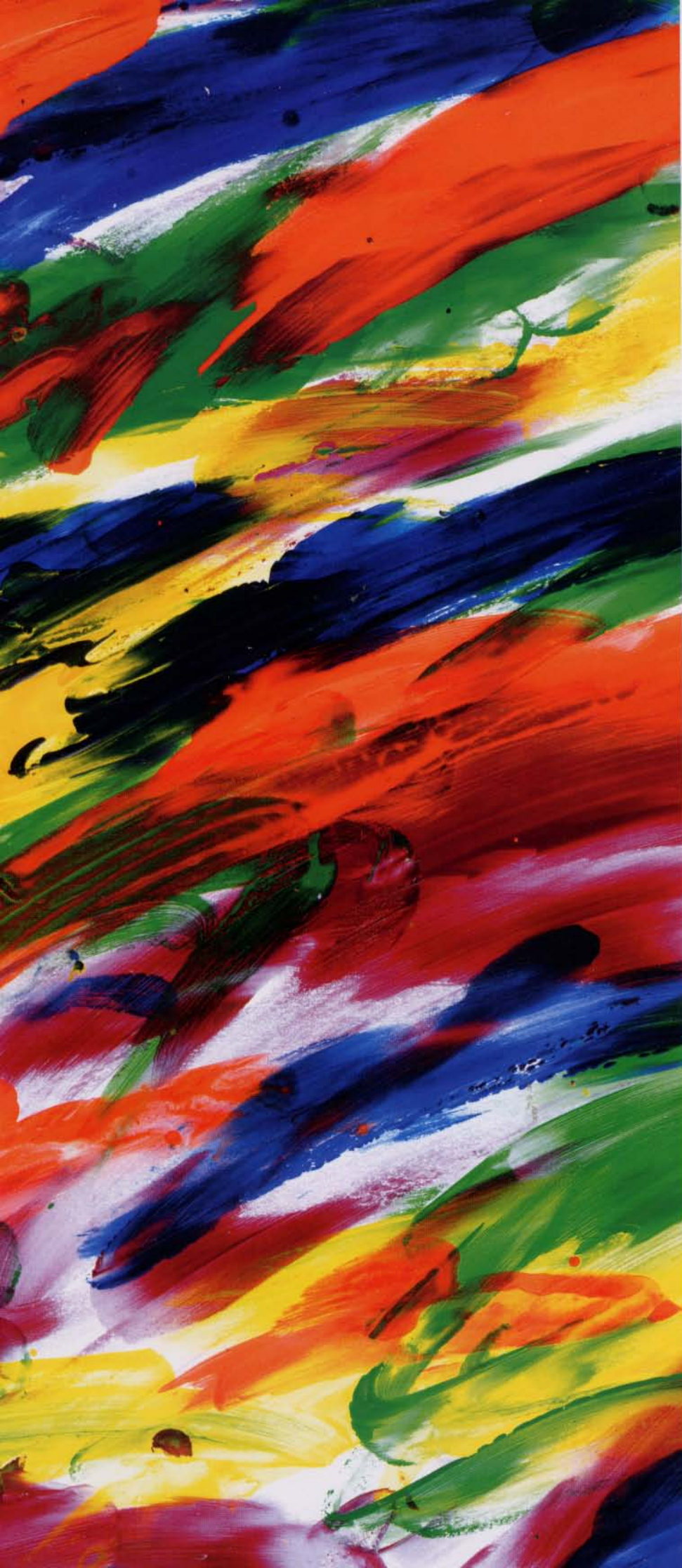


Photo © by Sigrud Estrada

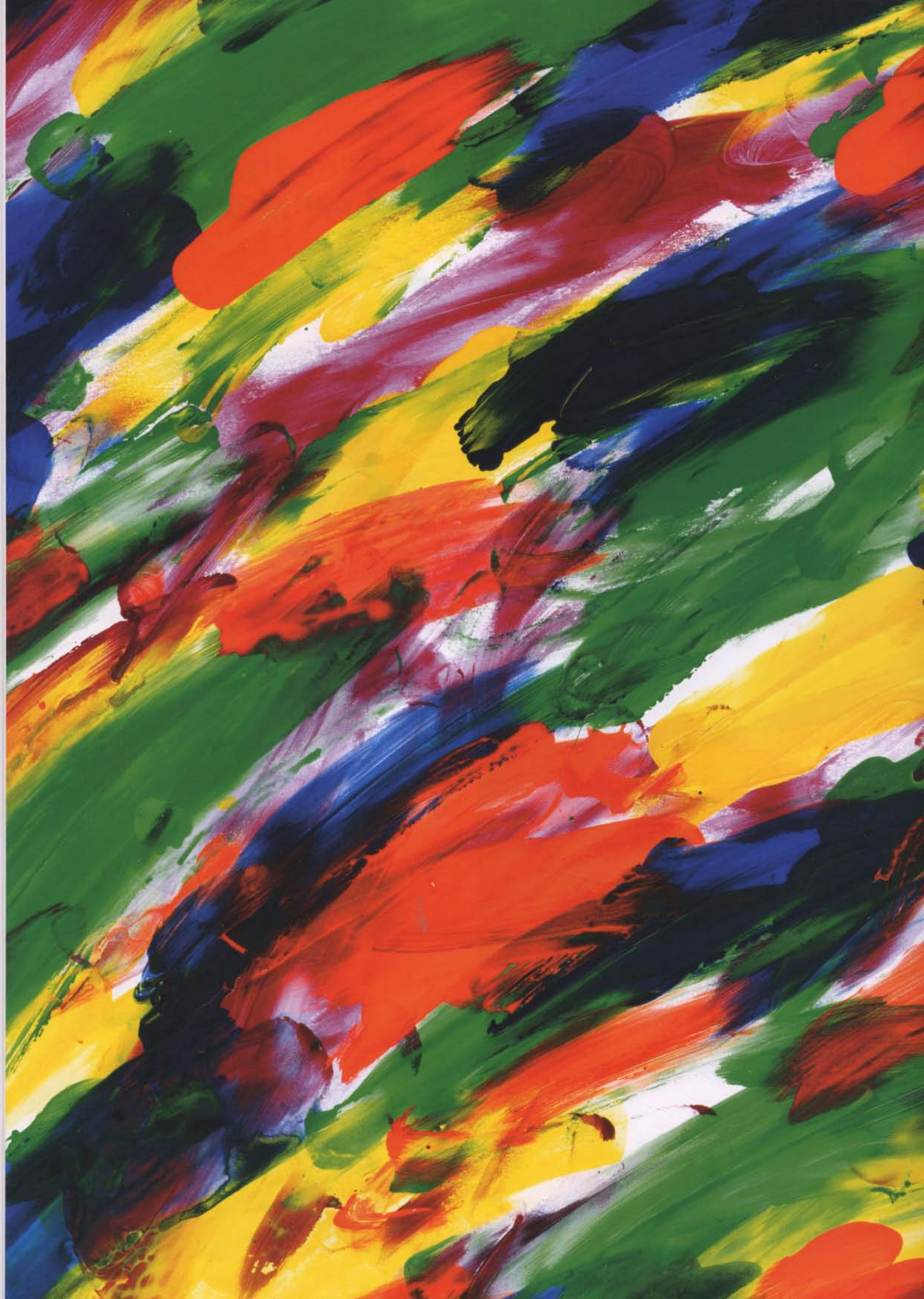
“The joy and celebration of learning and growing are always a part of Eric Carle’s books. **From Head to Toe** is no exception, but is perhaps exceptional in the added dimension of literally ‘moving’ through this book. Not only can children listen, imagine, discover, feel, and think, but now they can also be a part of the action. It is as if Eric Carle has again reached out and in his special way said, ‘Come play with me.’”

*Dr. Marianne Torbert, Director  
The Leonard Gordon Institute for Human  
Development Through Play  
Temple University, Philadelphia, PA 19122*

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About this book, Eric Carle says: “Just as alphabet books introduce the very young child to letters and simple words, **From Head to Toe**, through a playful and rhythmic question-and-answer word game, introduces that same child to the basic body parts and simple body movements.

“And in the same way that a child progresses from understanding simple words to reading and writing more complex words, sentences and stories, so he or she will progress from making simple body movements to dancing, doing exercises, performing gymnastics, and participating with confidence and pleasure in sports and other activities.”



Can you wave your arms like a monkey, clap your hands like a seal or stomp like an elephant?

Yes, you can!

Are you ready? Here we go!

Move yourself From Head to Toe.



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CARME

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