## DISCIPLINE EQUALS FREEDOM FIELD MANUAL

## BY JOCKO WILLINK





## DISCIPLINE EQUALS FREEDOM: FIELD MANUAL

JOCKO WILLINK

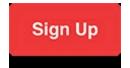


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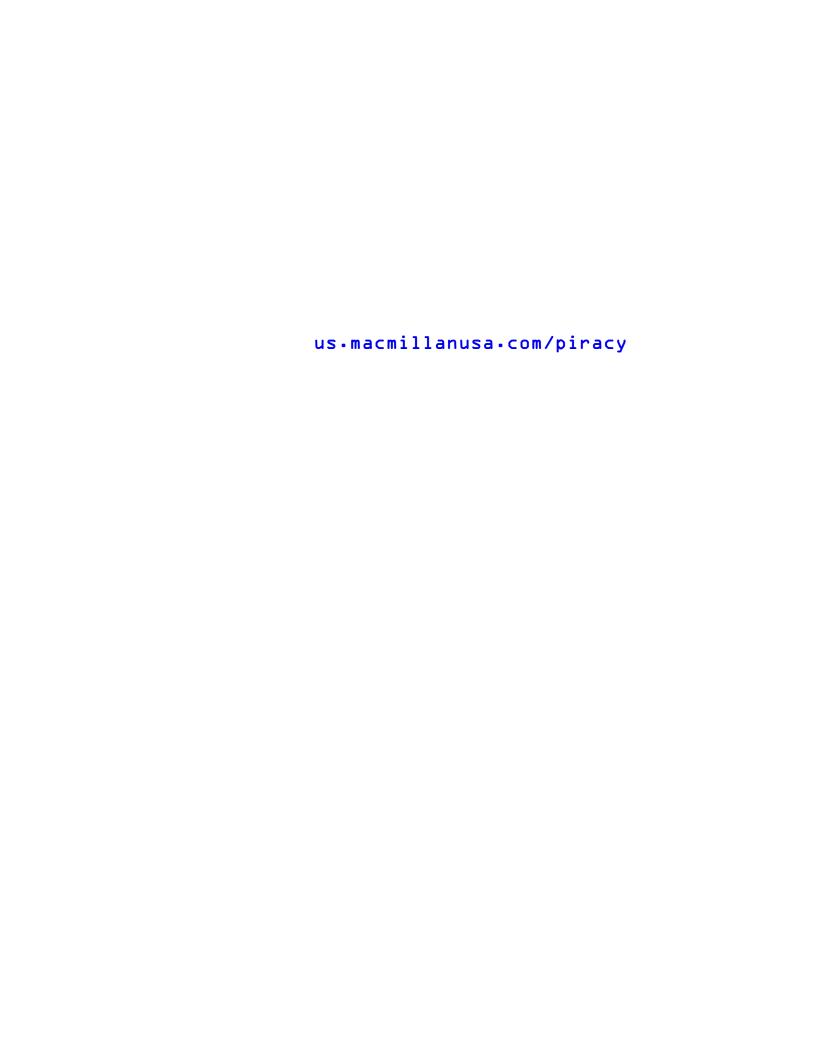
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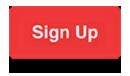
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